

BRONCHOSCOPY PREPARATION INSTRUCTIONS

Disclaimer: These are generic instructions which apply to bronchoscopies in general. Instructions specific to you will depend on your specific circumstances and you should discuss these with Dr Yagnik. If there is any doubt then please contact the clinic on admin@lokeshyagnik.com, 0432807009

Preparation for bronchoscopy

Fast - for 6 hours prior to the procedure for both food and fluid

Blood thinners - Stop blood-thinning medications (Such as Dalteparin, Xeralto, Eliquis, Warfarin, Clopidogrel, Ticagrelor) prior to the procedure as instructed by Dr Yagnik

You may need to change your blood thinner to clexane or heparin leading up to the procedure

You do not need to stop aspirin unless specifically instructed to.

Medications - Do not take your diabetic medication the morning of the procedure. Specific plans will be made if you are on insulin
Other Essential medications – can be taken with a sip of clear water in the morning of the procedure.

Transport - You need someone to drive you home and stay with you for one night. If this is not possible, we can organise for you to stay overnight in the hospital.

Common post bronchoscopy symptoms: Cough, sore throat, sputum, sputum mixed with blood, fever. These usually settle in 24 hours. Paracetamol can be used.

If there are any other symptoms or you are worried see medical advice

Follow up – Please contact the clinic to arrange follow up in 1-2 weeks.

For any questions please call 0432807009 or email admin@lokeshyagnik.com